

SCOPE and SEQUENCE

The following Scope and Sequence Chart summarizes what is provided in your *Signs of Grace: You Are Loved* curriculum. This shows the order and the objectives of the eight sessions of teaching along with Scripture and *Catechism of the Catholic Church* references.

Session	Objectives	Key Words	References
Session 1 Preparing the Way for Christ	<p>Key Focus:</p> <ul style="list-style-type: none"> • God saves his people Israel by delivering them from slavery through the Passover event and by feeding them with manna in the desert. • Passover is one of the most important sacrifices for the Jewish people, and God wanted them to remember this saving event every year. • Sacrifice is offering something to God in atonement for sin or in thanksgiving for God's great gifts. Jesus offered himself as a sacrifice so that our sins could be forgiven. • The most important way we offer sacrifice to God is by attending Mass where we can unite our lives to Jesus's sacrifice on the Cross. • Today, every Catholic church has a Tabernacle where the Eucharist is reserved for prayer and adoration outside of Mass. Jesus is truly present in the Tabernacle. 	<ul style="list-style-type: none"> • Moses • Plagues • Sacrifice • Unleavened bread • Passover • Israel • Manna • Seder Meal 	<p>Exodus 12:14–28</p> <p><i>Catechism of the Catholic Church</i>, 1334</p>

Session	Objectives	Key Words	References
Session 2 The Last Supper	Key Focus: <ul style="list-style-type: none"> • Christ can do anything, even change bread and wine into his Body and Blood. • The miracle of changing water into wine at the Wedding at Cana shows that Jesus is the Son of God and points forward to the Eucharist. • At the Last Supper, Jesus institutes the Sacrament of the Eucharist. • Jesus tells the Apostles to celebrate the Eucharist in memory of him. It is continued in the Church today at the Mass. • Just as the Passover was one of the most important events in the Old Covenant, the Eucharist is the source and summit of our lives as Catholics in the New Covenant. • Real Presence means that the entire Person of the risen Jesus Christ is really present in the Eucharist—Body, Blood, Soul, and Divinity. • When the priest says the words of Consecration, “This is my Body,” and “This is the chalice of my Blood,” the bread and wine are changed into the Body and Blood of Christ. • Transubstantiation means that the bread and wine really change into Jesus’s Body and Blood. 	<ul style="list-style-type: none"> • Mass • Instituted • Memorial • Paschal Mystery • Covenant • Transubstantiation • Real Presence • Words of Consecration 	Luke 22:14–20 <i>Catechism of the Catholic Church</i> , 1323, 1333, 1335–1342, 1373–1377

Session	Objectives	Key Words	References
Session 3 The Death and Resurrection of Jesus	Key Focus: <ul style="list-style-type: none"> • Jesus's Death, Resurrection, and Ascension into Heaven opened the gates of Heaven for the salvation of all God's children. • The Resurrection is Jesus's rising from the dead on the third day after his Death on the Cross. • The Ascension is when Jesus returned to the Father in Heaven, forty days after his Resurrection. • Pentecost is when the Holy Spirit descended on Mary and the Apostles, fifty days after his Resurrection—ten days after Jesus ascended into Heaven. Pentecost is the birthday of the Church. • Grace is Jesus's life in our souls. Sanctifying Grace is the gift of God's own divine life in us that makes us holy. Actual Grace is God's gift to help us in each moment to love God and make the right choices. • We are the Body of Christ and continue the mission of Jesus to be witnesses of his love wherever we go. The Eucharist strengthens us for this mission. 	<ul style="list-style-type: none"> • Crucified • Sabbath • Salvation • Resurrection • Ascension • Pentecost • Body of Christ • Witnesses • Chrism • Sanctifying Grace • Actual Grace 	<p>John 19:28–20:10</p> <p><i>Catechism of the Catholic Church</i>, 1324–1326, 1343–1345, 1370–1372, 1389, 1402–1405</p>

Session	Objectives	Key Words	References
Session 4 The Sacrament of the Eucharist	Key Focus: <ul style="list-style-type: none"> • The Real Presence is the teaching that Jesus is really and fully present—Body, Blood, Soul, and Divinity—in the Eucharist. • The Eucharist is the source and summit of our Catholic Faith. • Jesus unites himself with us and gives us grace when we receive the Sacrament of the Eucharist worthily. • Jesus says that his Body is true food and his Blood is true drink that will give us eternal life. He is the true Bread from Heaven. • Every tiny piece of the Host and every drop of the Precious Blood is Jesus—Body, Blood, Soul, and Divinity. The Eucharist that we receive is the risen Body and Blood of Christ. • The Eucharist is so important in our Faith that we call it by many names, such as Eucharist (which means thanksgiving), The Most Blessed Sacrament, the Lord’s Supper, Holy Communion, and Holy Sacrifice. 	<ul style="list-style-type: none"> • Miracle • Heaven • Bread of Life Discourse • Host • Tabernacle • Genuflect • Venial Sins • Spiritual Communion • Eucharist • Lord’s Supper • Holy Sacrifice • The Most Blessed Sacrament • Holy Communion 	John 6:1–59 <i>Catechism of the Catholic Church</i> , 1322–1344, 1391–1405

Session	Objectives	Key Words	References
Session 5 Receiving Holy Communion	Key Focus: <ul style="list-style-type: none"> • Jesus is truly present in the Eucharist—Body, Blood, Soul, and Divinity. He is present in every drop of the Precious Blood and in every piece of the Host. • Receiving the Eucharist at Mass is so important that we should do some special things to prepare our bodies and our souls. • We prepare our bodies to hunger for Jesus by fasting from food and drink for one hour before receiving Holy Communion. We prepare our souls by going to Confession if we have committed a mortal sin so we can receive Jesus in the state of grace. • We can receive the Host on the tongue or in the hand, where we have made our hands like a throne for Jesus. We must always show proper reverence when receiving Christ. • We receive special graces when we receive the Eucharist: we have a very special union with Christ and his Church, our baptismal graces are increased and renewed, our venial sins are forgiven, and we grow in love of God and of others. 	<ul style="list-style-type: none"> • State of Grace • Mortal Sin • Reverence • Eucharistic Fast • Consecrated • Monstrance • Adoration 	1 Corinthians 10:14–17 <i>Catechism of the Catholic Church</i> , 1378–1388, 1390–1398

Session	Objectives	Key Words	References
Session 6 The Liturgy of the Mass	Key Focus: <ul style="list-style-type: none"> • The Liturgy of the Mass is our public worship and participation in the work of God. • The Last Supper and the sacrifice of Jesus on the Cross are made present in the Liturgy of the Mass. • The Mass is celebrated on Sunday because that is the day Jesus was raised from the dead. As Christians we have the gift and obligation to attend Mass every Sunday. • At Mass we participate in the one sacrifice of Jesus on the Cross, and we partake of the Body and Blood of Christ, which nourishes our souls. • Each Mass is a participation in the heavenly liturgy, where we are actually worshipping with all the angels and saints in Heaven. 	<ul style="list-style-type: none"> • Liturgy • Liturgy of the Mass • Liturgy of the Word • Liturgy of the Eucharist • Lord's Day • Holy Days of Obligation 	1 Corinthians 11:23–29 <i>Catechism of the Catholic Church</i> , 1328–1332, 1346–1347, 1356–1369

Session	Objectives	Key Words	References
Session 7 The Liturgy of the Word	Key Focus: <ul style="list-style-type: none"> • The Mass is one act of worship with two parts: the Liturgy of the Word and the Liturgy of the Eucharist. • The first part of the Mass is called the Liturgy of the Word, in which we hear readings from Holy Scripture. • After the readings, we pray the Creed, which is a statement of everything we believe as Catholics and is our response of faith to the Word of God. • The entire Liturgy of the Word shows God's loving plan of salvation and prepares our hearts for the Liturgy of the Eucharist. 	<ul style="list-style-type: none"> • Introductory Rites • Entrance Antiphon • Sign of the Cross • Penitential Act • Gloria • Collect • Liturgy of the Word • First Reading • Responsorial Psalm • Second Reading • Epistles • Alleluia • Gospel • Homily • Creed/Profession of Faith • Prayer of the Faithful 	Luke 24:13–27 <i>Catechism of the Catholic Church, 1348–1349</i>

Session	Objectives	Key Words	References
Session 8 The Liturgy of the Eucharist	Key Focus: <ul style="list-style-type: none"> • The Mass is one act of worship with two parts: the Liturgy of the Word and the Liturgy of the Eucharist. • The second part of the Mass is called the Liturgy of the Eucharist, in which Jesus becomes present to us, Body, Blood, Soul, and Divinity. • Jesus's sacrifice on the Cross is made present to us, and we also offer our lives as a living sacrifice to God. • When we receive Holy Communion, we are united with Jesus in a very special way. • The Mass sends us forth to spread the Gospel by the witness of our lives. 	<ul style="list-style-type: none"> • Liturgy of the Eucharist • Presentation of the Gifts • Preparation of the Altar • Prayer over the Offerings • Eucharistic Prayer • Preface • Sanctus • Epiclesis • Institution Narrative • Communion Rite • Words of Consecration • Mystery of Faith or Memorial Acclamation • Chalice • Paten • Doxology • Great Amen • Lamb of God • Holy Communion • Prayer after Communion • Concluding Rite • <i>In persona Christi Capitis</i> 	Luke 24:28–35 <i>Catechism of the Catholic Church</i> , 1350–1355

At a Glance – Session Overview

Section	Activity	Purpose	Supplies	Key Words
Connect Activity (as students arrive)	God Saves His People Place stickers on a coloring sheet showing Moses talking to Pharaoh.	To encourage students to think about what they already know about Moses, Pharaoh, and the Israelites.	<ul style="list-style-type: none"> • Stickers • Student Activity Book • Crayons 	
Let's Pray and Introduction (5 minutes)	Read the Opening Prayer and Introduction to the session.	To relate to the idea of annual celebrations.	<ul style="list-style-type: none"> • Student Guide 	
Let's Watch (10 minutes)	God Is with Us (3:05 min.) Watch a video teaching about the Eucharist, and discuss.	To understand that God planned to give himself to us in the Eucharist from the very beginning.	<ul style="list-style-type: none"> • A device to show the video segment 	
Let's Read God's Word (10–15 minutes)	The Feast of Passover (Exodus 12:14–28) Have someone read aloud this passage summary, and then discuss the questions in the Teacher Guide.	To learn what the Bible says about how God saved his people and told them to remember and celebrate it every year.	<ul style="list-style-type: none"> • Student Guide 	<ul style="list-style-type: none"> • Moses • Plagues • Sacrifice • Unleavened bread • Passover
Let's Learn About Our Faith (10–20 minutes)	Jesus Is the True Sacrifice Read this section together, and then discuss the questions in the Teacher Guide.	To better understand how God saved his people, was present on their journey, and required a sacrifice.	<ul style="list-style-type: none"> • Student Guide 	<ul style="list-style-type: none"> • Manna • Israel • Seder Meal
Did You Know? (as time permits)	The Passover Seder Meal Additional information for the student to read.	An explanation of the Seder meal and how God saved his Chosen People.		
Let's Do Activities (10–20 minutes)	Jesus Is the New Passover Lamb! Read the story of Passover and fill in the blanks from the Word Bank according to the pictures. Who Am I? Read the clues and choose the correct answer.	<p>To compare Jesus's sacrifice of the lamb in the Passover story.</p> <p>To better understand how God was present with his people in Egypt and in the desert.</p>	<ul style="list-style-type: none"> • Student Guide • Pencils 	
Let's Recall and Reflect (5–10 minutes)	Discuss questions to make connections with what the students have learned.	To help students remember the main points from the session and to go over key points from the session.	<ul style="list-style-type: none"> • Student Guide 	

Section	Activity	Purpose	Supplies	Key Words
Story of a Saint (5–10 minutes)	Saint Catherine of Siena Read a brief story about a saint and discuss the questions.	To show how God is present in the lives of the saints.	• Student Guide	
Let's Pray (5 minutes)	Practice the Memory Verse together, and then close in prayer.	To encourage students to ponder God's Word in their hearts.	• Student Guide	
Let's Read a Story (as time allows, or take-home)	Buried Treasure Read a modern story that follows the theme of remembering past events, and then discuss, using questions from the Teacher Guide.	To connect the lesson to modern life.	• Student Guide	
Student Take-Home Page: Let's Live It!	Preparing the World for Christ Answer the clues to complete the crossword puzzle. The Presence of God Reflect on how God is present in our lives and draw a Tabernacle from your church.	To help students remember key points from the lesson and connect what they've learned to their own lives.	• Student Activity Book	
Family Take-Home Page	Parents can read and discuss the Scriptures with their children, pray together, and set up a family altar.	To equip parents with tools for family faith building and involvement with the lesson.	• Student Activity Book	
If-You-Have-Time Activities	Go Down, Moses! Song Learn a traditional Jewish Passover song. Moses Parts the Waters game Play a Follow-the-Leader type of game. Mini-Passover or Seder meal Sample a version of a traditional Seder Meal Flash Cards Memorize key terms.	To reinforce the lesson objectives to meet a variety of learning styles.	• Song Lyrics See page 43 • Moses Supplies See page 43 • Seder Meal Script See pages 43–44 • Flash Cards See pages 191–194 Also in Student Activity Book	

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Section	Activity	Purpose	Supplies	Key Words
Connect Activity (as students arrive)	Jesus Institutes the Mass Place stickers on a coloring sheet showing the Last Supper.	To get students thinking about what they know about the Last Supper.	<ul style="list-style-type: none"> • Stickers • Student Activity Book • Crayons 	
Let's Pray and Introduction (5 minutes)	Read the Opening Prayer and Introduction to the session.	To relate to the idea of nourishing our bodies with food.	<ul style="list-style-type: none"> • Student Guide 	
Let's Watch (5–10 minutes)	Be His Friend (3:23 min.) Watch a video teaching about Jesus in the Eucharist, and discuss.	To help students understand that at the Last Supper, Jesus gave himself to us as food for our souls.	<ul style="list-style-type: none"> • A device to show the video segment 	
Let's Read God's Word (10–15 minutes)	The Last Supper (Luke 22:14–20) Have someone read aloud this passage summary, and then discuss the questions in the Teacher Guide.	To learn what the Bible says about how the Eucharist was instituted at the Last Supper.	<ul style="list-style-type: none"> • Student Guide 	<ul style="list-style-type: none"> • Mass • Instituted
Let's Learn About Our Faith (10–20 minutes)	Jesus Institutes the Sacrament of the Eucharist Read this section together, and then discuss the questions in the Teacher Guide.	To better understand how Jesus's miracles and the events of the Paschal Mystery relate to Holy Communion.	<ul style="list-style-type: none"> • Student Guide 	<ul style="list-style-type: none"> • Memorial • Paschal Mystery • Covenant
Did You Know? (as time permits)	Transubstantiation At the Last Supper Additional information for the student to read.	<p>An explanation of how the bread and wine are changed into Jesus's Body and Blood.</p> <p>An explanation of how Jesus instituted the Sacraments of Eucharist and Holy Orders at the Last Supper.</p>		<ul style="list-style-type: none"> • Transubstantiation • Real Presence • Words of Consecration
Let's Do Activities (10–25 minutes)	<p>Jesus Is Really Present Complete a Dot-to-Dot activity and use the code to complete the sentence.</p> <p>The Last Supper Fill in the blanks with the correct answers.</p>	<p>To remind students that the bread and wine actually become Jesus's Body and Blood.</p> <p>To help the students remember key points from the lesson.</p>	<ul style="list-style-type: none"> • Student Guide • Pencils 	
Let's Recall and Reflect (5–10 minutes)	Discuss questions to make connections with what the students have learned.	To help students remember the main points from the session and to go over key points from the session.	<ul style="list-style-type: none"> • Student Guide 	

Section	Activity	Purpose	Supplies	Key Words
Story of a Saint (5–10 minutes)	Saint Clare of Assisi Read a brief story about a saint and discuss the questions in the Teacher Guide.	To show how the lives of the saints lead us to God and teach us about our Faith.	• Student Guide	
Let's Pray (5 minutes)	Practice the Memory Verse together, and then close in prayer.	To encourage students to ponder God's Word in their hearts.	• Student Guide	
Let's Read a Story (as time allows, or take-home)	Boxes Read a modern story that follows the themes of the Last Supper, and then discuss, using the questions provided.	To connect the lesson to modern life.	• Student Guide	
Student Take-Home Page: Let's Live It!	Jesus Gives Us the Priesthood Write a Thank You note to the priest. Bread from Heaven Reflect on how the Eucharist helps our soul, and draw a picture.	To connect the priest's actions with Jesus's instructions to the Apostles. To encourage the students to reflect on how the Eucharist nourishes their souls.	• Student Activity Book	
Family Take-Home Page	Parents can read and discuss the Scripture with their children, pray together, and make unleavened bread.	To equip parents with tools for family faith building and involvement with the lesson.	• Student Activity Book	
If-You-Have-Time Activities	First Communion Banners Begin to create banners to hang in the church during their First Communion, or to take home. Unleavened Bread Make bread that doesn't rise. Song for First Communion Mass Begin to learn <i>Pange Lingua</i> . Flash Cards Memorize key terms.	To reinforce the lesson objectives to meet a variety of learning styles.	• Banners See page 61 • Bread Recipe See page 61 • Song Lyrics See page 62 • Flash Cards See pages 195–198	

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Section	Activity	Purpose	Supplies	Key Words
Connect Activity (as students arrive)	Jesus Opened the Gates of Heaven Cut and fold the picture and place the stickers to see Jesus welcoming us to Heaven.	To get students thinking about Jesus welcoming them into Heaven.	<ul style="list-style-type: none"> • Stickers • Student Activity Book • Crayons • Scissors 	
Let's Pray and Introduction (5 minutes)	Read the opening prayer and Introduction to the session.	To introduce the idea of how Jesus's Death gives us eternal life.	<ul style="list-style-type: none"> • Student Guide 	
Let's Watch (10 minutes)	Jesus Gave You Everything (3:51 min.) Watch a video teaching about Jesus's great love for us, and discuss.	To help students understand that Jesus's Death and Resurrection is his greatest act of love.	<ul style="list-style-type: none"> • A device to show the video segment 	
Let's Read God's Word (10–15 minutes)	The Death and Resurrection of Jesus (John 19:28–20:10) Have someone read aloud this passage summary, and then discuss the questions in the Teacher Guide.	To learn what the Bible says about how Jesus died and rose again.	<ul style="list-style-type: none"> • Student Guide 	<ul style="list-style-type: none"> • Crucified • Sabbath
Let's Learn About Our Faith (10–20 minutes)	Called to Be Witnesses Read this section together, and then discuss the questions in the Teacher Guide.	To better understand the salvation story.	<ul style="list-style-type: none"> • Student Guide 	<ul style="list-style-type: none"> • Salvation • Resurrection • Ascension • Pentecost • Body of Christ • Witnesses
Did You Know? (as time permits)	Jesus is the Lamb of God Source and Summit The Holy Spirit Additional information for the student to read.	To give additional detail on how the Eucharist is the source and summit of the Catholic life. How the Holy Spirit gives us his gifts and grace.		<ul style="list-style-type: none"> • Chrism • Sanctifying Grace • Actual Grace
Let's Do Activities (10–25 minutes)	Jesus Came to Earth Have students put the events of Jesus's life in order. A-Maze-ing Faith Have students complete the maze to help the family get to Mass.	To understand how Jesus's life shows he was sent to save us. To encourage attending Mass to be strengthened by the Eucharist.	<ul style="list-style-type: none"> • Student Guide • Pencils 	

Section	Activity	Purpose	Supplies	Key Words
Let's Recall and Reflect (5–10 minutes)	Discuss questions to make connections with what the students have learned.	To help students remember the main points from the session and to go over key points from the session.	• Student Guide	
Story of a Saint (5–10 minutes)	Venerable Antonietta Meo Read a brief story about a saint and discuss the questions in the Teacher Guide.	To show how God is present in the lives of the saints.	• Student Guide	
Let's Pray (5 minutes)	Practice the Memory Verse together, and then close in prayer.	To encourage students to ponder God's Word in their hearts.	• Student Guide	
Let's Read a Story (as time allows, or take-home)	Trading Places Read a modern story that follows the themes of God's covenant laws, and then discuss, using questions from the Teacher Guide.	To connect the lesson to modern life.	• Student Guide	
Student Take-Home Page: Let's Live It!	Jesus Saves Us Unscramble the words to answer the clues about how Jesus saves us. The Greatest Gift Draw a picture of your family at Mass.	To help students remember key points from the lesson and connect what they've learned to their own lives.	• Student Activity Book	
Family Take-Home Page	Parents can read and discuss the Scriptures with their children, pray together, and talk about the lesson content.	Reminder to have students bring shoe boxes next week. To equip parents with tools for family faith building and involvement with the lesson.	• Student Activity Book • Ask students to bring shoe boxes next week.	
If-You-Have-Time Activities	First Communion Banner (Cont.) The Cross and the Wooden Dowel Continue working on their banners. Acrostic Poem: Eucharist Consider words related to the salvation story. Song for First Communion Mass Continue to learn <i>Pange Lingua</i> . Flash Cards Memorize key terms.	To reinforce the lesson objectives to meet a variety of learning styles.	• Banners See page 79 • Poem See page 79 • Song Lyrics See page 80 • Flash Cards See pages 199–204	

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Section	Activity	Purpose	Supplies	Key Words
Connect Activity (as students arrive)	Jesus Is the Bread of Life! Place stickers on a coloring sheet showing Jesus feeding the 5,000.	To get students thinking about what they might already know about Jesus's miracle of multiplying the loaves and fishes.	<ul style="list-style-type: none"> • Sticker sheet • Student Activity Book • Crayons 	
Let's Pray and Introduction (5 minutes)	Read the Opening Prayer and Introduction to the session.	To begin thinking about how the Eucharist unites us to Jesus.	<ul style="list-style-type: none"> • Student Guide 	
Let's Watch (10 minutes)	The Most Special Meal (4:11 min.) Watch a video that explains how Jesus unites himself to us in the Eucharist, and discuss.	To see that the Eucharist is the most special meal that we can have because we receive Jesus himself.	<ul style="list-style-type: none"> • A device to show the video segment 	
Let's Read God's Word (5–10 minutes)	Jesus Is the Bread of Life Have someone read aloud this passage summary, and then discuss the questions in the Teacher Guide.	To learn what Jesus said about the Eucharist in the Bread of Life Discourse.	<ul style="list-style-type: none"> • Student Guide 	<ul style="list-style-type: none"> • Miracle • Heaven
Let's Learn About Our Faith (10–20 minutes)	The Real Presence of Christ in the Eucharist Read this section together, and then discuss the questions in the Teacher Guide.	To better understand that Jesus is really present in the Eucharist.	<ul style="list-style-type: none"> • Student Guide 	<ul style="list-style-type: none"> • Bread of Life Discourse • Host • Tabernacle • Genuflect • Venial Sins • Spiritual Communion • Eucharist
Did You Know? (as time permits)	What Do We Call It? Additional information for the student to read.	To show how the Eucharist is known by many different names.		<ul style="list-style-type: none"> • Lord's Supper • Holy Sacrifice • The Most Blessed Sacrament • Holy Communion
Let's Do Activities (10–25 minutes)	Eucharist Mosaic Complete the color-by-number to see what happens in the miracle of the Eucharist. Source and Summit A Word Search for other names for Eucharist.	<p>To better understand that Jesus is really present in the Eucharist.</p> <p>To help the students know all the words that can be used other than Eucharist.</p>	<ul style="list-style-type: none"> • Student Guide • Crayons • Pencils 	

Section	Activity	Purpose	Supplies	Key Words
Let's Recall and Reflect (5–10 minutes)	Discuss questions to make connections with what the students have learned.	To help students remember the main points from the session and to go over key points from the session.	• Student Guide	
Story of a Saint (5–10 minutes)	Saint Tarcisus Read a brief story about a saint and discuss the questions in the Teacher Guide.	To show how God is present in the lives of the saints.	• Student Guide	
Let's Pray (5 minutes)	Practice the Memory Verse together, and then close in prayer.	To encourage students to ponder God's Word in their hearts.	• Student Guide	
Let's Read a Story (as time allows, or take-home)	How Small Is God? Read a modern story that follows the theme of God coming to us in disguise, and then discuss, using questions from the Teacher Guide.	To connect the lesson to modern life.	• Student Guide	
Student Take-Home Page: Let's Live It!	The Sacrament of the Eucharist Fill in the blanks with the names of the Eucharist. We Are Thankful for the Eucharist! Write a Thank You letter to Jesus for all his gifts.	To help students remember key points from the lesson and connect what they've learned to their own lives.	• Student Activity Book	
Family Take-Home Page	Parents can read and discuss the Scriptures with their children, pray together, and visit the Blessed Sacrament as a family.	To equip parents with tools for family faith building and involvement with the lesson.	• Student Activity Book	
If-You-Have-Time Activities	First Communion Banner (Cont.)—Monstrance Continue working on their banners. Make Your Own Tabernacle Create their own place to store items for prayer. Song for First Communion Mass Continue to learn <i>Pange Lingua</i> . Loaves and Fishes Snack Talk about Jesus's miracles as they eat a snack. Flash Cards Memorize key terms.	To reinforce the lesson objectives to meet a variety of learning styles.	• Banner See page 97 • Tabernacle See page 97 • Song Lyrics See page 98 • Snack See page 98 • Flash Cards See pages 205–212	

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Section	Activity	Purpose	Supplies	Key Words
Connect Activity (as students arrive)	Saint Paul Writes about the Eucharist Place stickers on a coloring sheet showing Saint Paul writing to the Corinthians.	To get students thinking about Saint Paul teaching about the Eucharist.	<ul style="list-style-type: none"> • Sticker Sheets • Student Activity Book • Crayons 	
Let's Pray and Introduction (5 minutes)	Read the Opening Prayer and Introduction to the session.	To relate to the idea of making special preparations for special days.	<ul style="list-style-type: none"> • Student Guide 	
Let's Watch (10 minutes)	Jesus Is Really Present (3:30 min.) Watch a video teaching about the gift of the Eucharist, and discuss.	Help students prepare to receive Jesus in the Mass.	<ul style="list-style-type: none"> • A device to show the video segment. 	
Let's Read God's Word (10–15 minutes)	Saint Paul Writes about the Eucharist (1 Corinthians 10:14–17) Have someone read aloud this passage summary, and then discuss the questions in the Teacher Guide.	To learn what Saint Paul taught the church in Corinth about the Eucharist.	<ul style="list-style-type: none"> • Student Guide 	
Let's Learn About Our Faith (10–20 minutes)	Preparing for Holy Communion Read this section together, and then discuss the questions in the Teacher Guide.	To better understand why it is important to prepare for Holy Communion, and how to prepare. Also to understand the graces we receive through Communion.	<ul style="list-style-type: none"> • Student Guide 	<ul style="list-style-type: none"> • State of Grace • Mortal sin • Reverence • Eucharistic Fast
Did You Know? (as time permits)	What is a Host? Adoration of the Blessed Sacrament Additional information for the student to read.	<p>An explanation about the Host.</p> <p>To explain what Adoration of the Blessed Sacrament is all about.</p>		<ul style="list-style-type: none"> • Consecrated • Monstrance • Adoration
Let's Do Activities (10–25 minutes)	God's Special Gift Follow the path and choose what steps you should follow when preparing to receive the Eucharist. Graces Tic-Tac-Toe Mark the graces we receive from the Eucharist in a game of Tic-Tac-Toe.	<p>To review the things we should do to prepare to receive the Eucharist.</p> <p>To review the graces we receive when we receive the Eucharist.</p>	<ul style="list-style-type: none"> • Student Guide • Colored pencils, pens, or fine tip markers 	

Section	Activity	Purpose	Supplies	Key Words
Let's Recall and Reflect (5–10 minutes)	Discuss questions to make connections with what the students have learned.	To help students remember the main points from the session and to go over key points from the session.	• Student Guide	
Story of a Saint (5–10 minutes)	Saint Anthony of Padua Read a brief story about a saint, and discuss the questions in the Teacher Guide.	To show how God is present in the lives of the saints.	• Student Guide	
Let's Pray (5 minutes)	Practice the Memory Verse together, and then close in prayer.	To encourage students to ponder God's Word in their hearts.	• Student Guide	
Let's Read a Story (as time allows, or take-home)	Ducks Read a modern story that follows the theme of something appearing different on the outside than what it really is on the inside, and then discuss using questions from the Teacher Guide.	To connect the lesson to modern life.	• Student Guide	
Student Take-Home Page: Let's Live It!	Preparing to Receive Answer the True/False questions about preparing to receive Communion. Dear Jesus Write a special prayer to Jesus and draw a picture of spending time with Jesus.	To help students remember key points from the lesson and connect what they've learned to their own lives.	• Student Activity Book	
Family Take-Home Pages	Parents can read and discuss the Scripture with their children, pray together, and go to Adoration together.	To equip parents with tools for family faith building and involvement with the lesson.	• Student Activity Book	
If-You-Have-Time Activities	Share the Love of Jesus Relay Race Run a race with balloon hearts. First Communion Banner (Cont.) Jesus Knows My Name Continue working on banners. Song for First Communion Mass Learn another verse of <i>Pange Lingua</i> . Flash Cards Memorize key terms.	To reinforce the lesson objectives to meet a variety of learning styles.	• Relay Race See page 115 • Banners See page 115 • Song Lyrics See page 116 • Flash Cards See pages 213–216	

At a Glance – Session Overview

Section	Activity	Purpose	Supplies	Key Words
Connect Activity (as students arrive)	The Mass Makes Christ Present Place stickers on a coloring sheet showing how we participate in Jesus's Life, Death, and Resurrection.	To get students thinking about our participation at Mass.	<ul style="list-style-type: none"> • Sticker Sheet • Student Activity Book • Crayons 	
Let's Pray and Introduction (5 minutes)	Read the opening prayer and Introduction to the session.	To relate to the idea of the Mass connecting us to something that happened in the past.	<ul style="list-style-type: none"> • Student Guide 	
Let's Watch (10 minutes)	The Mass Is Awesome (3:43 min.) Watch a video teaching about Jesus in the Eucharist, and discuss.	To see that in the Mass we re-enter the saving events of Jesus's life.	<ul style="list-style-type: none"> • A device to show the video segment 	
Let's Read God's Word (10–15 minutes)	The Letter of Saint Paul to the Corinthians (1 Corinthians 11:23–29) Have someone read aloud this passage summary, and then discuss the questions in the Teacher Guide.	To learn what Saint Paul taught the Corinthians about the institution of the Eucharist.	<ul style="list-style-type: none"> • Student Guide 	
Let's Learn About Our Faith (10–20 minutes)	The Liturgy of the Mass Read this section together, and then discuss the questions in the Teacher Guide.	To better understand what the Liturgy of the Mass is and why we go to Mass on Sunday.	<ul style="list-style-type: none"> • Student Guide 	<ul style="list-style-type: none"> • Liturgy • Liturgy of the Mass • Liturgy of the Word • Liturgy of the Eucharist
Did You Know? (as time permits)	A Liturgy for All Time Why Do We Need to Go to Mass? Additional information for the student to read.	Explains how the Mass has been celebrated for 2,000 years. To explain why Catholics go to Mass on Sundays and Holy Days of Obligation.		<ul style="list-style-type: none"> • Lord's Day • Holy Days of Obligation
Let's Do Activities (10–25 minutes)	Mass and the Paschal Mystery Do a matching activity. The Saints Teach Us About the Mass Name the saints.	To review important events of salvation history that we recall at the Mass. To encourage students to follow the example of the saints in loving Jesus in the Eucharist.	<ul style="list-style-type: none"> • Student Guide • Pencils or crayons 	
Let's Recall and Reflect (5–10 minutes)	Discuss questions to make connections with what the students have learned.	To help students remember the main points from the session and to go over key points from the session.	<ul style="list-style-type: none"> • Student Guide 	

Section	Activity	Purpose	Supplies	Key Words
Story of a Saint (5–10 minutes)	Saint Dominic Savio Read a brief story about a saint and discuss the questions in the Teacher Guide.	To show how God is present in the lives of the saints.	• Student Guide	
Let's Pray (5 minutes)	Practice the Memory Verse together, and then close in prayer.	To encourage students to ponder God's Word in their hearts.	• Student Guide	
Let's Read a Story (as time allows, or take-home)	Once Upon a Time Read a modern story that follows the theme of why going to Mass is so important, and then discuss.	To connect the lesson to modern life.	• Student Guide	
Student Take-Home Page: Let's Live It!	The Liturgy of the Mass Fill in the missing words in statements about the Mass. Keep Holy the Lord's Day! Draw a picture of one way to make Sunday special.	To help students remember key points from the lesson and connect what they've learned to their own lives.	• Student Activity Book	
Family Take-Home Pages	Parents can read and discuss the Scripture with their children, pray together, and decorate a Mass journal.	To equip parents with tools for family faith building and involvement with the lesson.	• Student Activity Book	
If-You-Have-Time Activities	Things-We-See-at-Mass Stations Identify items from Mass. Tour-of-the-Church Scavenger Hunt Find items in the church. First Communion Banner (Cont.) We Worship as a Church Continue making banners. Song for First Communion Mass Continue to learn <i>Pange Lingua</i> . First Communion Practice in the Classroom Flash Cards Memorize Key terms.	To reinforce the lesson objectives to meet a variety of learning styles.	<ul style="list-style-type: none"> • Mass Stations See page 133 • Church Scavenger Hunt See page 134 • Banner See page 134 • Song Lyrics See page 133 • Communion Practice See page 257 • Flash Cards See pages 217–220 	

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Section	Activity	Purpose	Supplies	Key Words
Connect Activity (as students arrive)	Jesus Opens the Scriptures Place stickers on a coloring sheet to show Jesus walking on the road to Emmaus.	To get students thinking about how Jesus teaches us the Scriptures.	<ul style="list-style-type: none"> • Sticker sheet • Student Activity Book • Crayons 	
Let's Pray and Introduction (5 minutes)	Read the opening prayer and introduction to the session.	To relate to the idea of getting to know God better through the Scriptures.	<ul style="list-style-type: none"> • Student Guide 	
Let's Watch (10 minutes)	Stories Are Amazing (2:50 min.) Watch a video teaching about the Liturgy of the Word, and discuss.	To see how the Liturgy of the Word prepares us for the Liturgy of the Eucharist.	<ul style="list-style-type: none"> • A device to show the video segment 	
Let's Read God's Word (10–15 minutes)	The Road to Emmaus—Part 1 (Luke 24:13–27) Have someone read aloud this passage summary, and then discuss the questions in the Teacher Guide.	To learn how the Scriptures prepare us to receive Jesus.	<ul style="list-style-type: none"> • Student Guide 	
Let's Learn About Our Faith (10–20 minutes)	The Liturgy of the Word Read this section together, and then discuss the questions in the Teacher Guide.	To better understand the Liturgy of the Word and how it prepares us for the Liturgy of the Eucharist.	<ul style="list-style-type: none"> • Student Guide 	
Did You Know? (as time permits)	The Word of God Additional information for the student to read.	To explain how the Bible and Jesus himself is the Word of God.		
Let's Do Activities (10–25 minutes)	The Liturgy of the Word Match the parts of the Liturgy of the Word with the pictures. The Nicene Creed Fill in the blanks to complete the Nicene Creed.	To review the parts of the Liturgy of the Word. To show how the Creed is a summary of our Faith as Catholics.	<ul style="list-style-type: none"> • Student Guide • Colored pencils, pens, or fine tip markers 	
Let's Recall and Reflect (5–10 minutes)	Discuss questions to make connections with what the students have learned.	To help students remember the main points from the session and to go over key points from the session.	<ul style="list-style-type: none"> • Student Guide 	

Section	Activity	Purpose	Supplies	Key Words
Story of a Saint (5–10 minutes)	Saint Justin Martyr Read a brief story about a saint and discuss the questions in the Teacher Guide.	To show how God is present in the lives of the saints.	• Student Guide	
Let's Pray (5 minutes)	Practice the Memory Verse together, and then close in prayer.	To encourage students to ponder God's Word in their hearts.	• Student Guide	
Let's Read a Story (5–10 minutes)	Love Letters Read a modern story that follows the theme of receiving letters from someone who loves you, and then discuss using questions from the Teacher Guide.	To connect the lesson to modern life.	• Student Guide	
Student Take-Home Page: Let's Live It!	God's Love in the Liturgy Match the parts of the Mass with their explanation. Growing the Word in Our Hearts Draw a picture of how the seed of God's Word grows into a beautiful plant when we are loving to others.	To help students remember key points from the lesson and connect what they've learned to their own lives.	• Student Activity Book	
Family Take-Home Page	Parents can read and discuss the Scripture with their children and pray the Apostles' Creed with them.	To equip parents with tools for family faith-building and involvement with the lesson.	• Student Activity Book	
If-You-Have-Time Activities	First Communion Banner (Cont.) The Liturgy of the Word Continue working on their banners. Song for First Communion Mass Continue to learn <i>Pange Lingua</i> . First Communion Practice in the Classroom Liturgy of the Word Hopscotch Game Recall definitions as they play a traditional game. Flash Cards Memorize key terms.	To reinforce the lesson objectives to meet a variety of learning styles. To walk through the steps in preparation for their First Holy Communion.	• Banner See page 151 • Song Lyrics See page 151 • First Communion Practice See page 152 • Hopscotch Game See page 152 • Flash Cards See pages 221–228	

At a Glance — Session Overview

Section	Activity	Purpose	Supplies	Key Words
Connect Activity (as students arrive)	Breaking Bread Place stickers on a coloring sheet showing Jesus breaking the bread at Emmaus.	To get students thinking about how Jesus comes to meet us in the Eucharist.	<ul style="list-style-type: none"> • Sticker sheet • Student Activity Book • Crayons 	
Let's Pray and Introduction (5 minutes)	Read the Opening Prayer and Introduction to the session.	To relate to the idea of getting to meet Jesus in a special way in the Eucharist.	<ul style="list-style-type: none"> • Student Guide 	
Let's Watch (10 minutes)	The Miracle at Every Mass (11:00 min.) Watch a step-by-step video explanation of the Liturgy of the Eucharist, and discuss.	To visually show the students what happens during the Mass.	<ul style="list-style-type: none"> • A device to show the video segment 	
Let's Read God's Word (10–15 minutes)	The Road to Emmaus—Part 2 (Luke 24:28–35) Have someone read aloud this passage summary, and then discuss the questions in the Teacher Guide.	To learn how Jesus reveals himself in the breaking of the bread.	<ul style="list-style-type: none"> • Student Guide 	
Let's Learn About Our Faith (10–20 minutes)	The Liturgy of the Eucharist Read this section together, and then discuss the questions in the Teacher Guide.	To better understand the Liturgy of the Eucharist and the importance of each part.	<ul style="list-style-type: none"> • Student Guide 	
Did You Know? (as time permits)	In Persona Christi Capitis Our Own Sacrifice Additional information for the student to read.	To help the students understand that the priest represents Christ. To explain that we are all united to Christ in offering his sacrifice.		
Let's Do Activities (10–25 minutes)	The Liturgy of the Eucharist Match the parts of the Liturgy of the Eucharist with the pictures.	To review the parts of the Liturgy of the Eucharist.	<ul style="list-style-type: none"> • Student Guide • Colored pencils, pens, or markers 	
Let's Recall and Reflect (5–10 minutes)	Discuss questions to make connections with what the students have learned.	To help students remember the main points from the session and to go over key points from the session.	<ul style="list-style-type: none"> • Student Guide 	

Section	Activity	Purpose	Supplies	Key Words
Story of a Saint (5–10 minutes)	Pope Saint Pius X Read a brief story about a saint and discuss the questions in the Teacher Guide.	To show how God is present in the lives of the saints.	• Student Guide	
Let's Pray (5 minutes)	Practice the Memory Verse together, and then close in prayer.	To encourage students to ponder God's Word in their hearts.	• Student Guide	
Let's Read a Story (as time allows, or take-home)	The Big Picture Read a modern story that follows the theme of God creating a beautiful picture out of our lives, and then discuss using questions from the Teacher Guide.	To connect the lesson to modern life.	• Student Guide	
Student Take-Home Page: Let's Live It!	<p>The Mass Sends Us on a Mission Choose the correct word to complete the sentence.</p> <p>The Love of Jesus Draw a picture of things you can do to bring the love of Jesus to others.</p>	To help students remember key points from the lesson and connect what they have learned to their own lives.	<ul style="list-style-type: none"> • Student Activity Book • Pens or pencils • Crayons 	
Family Take-Home Page	Parents can read and discuss the Scripture with their children, pray with them, and share memories of other family members' First Communions.	To equip parents with tools for family faith building and involvement with the lesson.	• Student Activity Book	
If-You-Have-Time Activities	<p>Unscramble the Mass Work together to put the parts of the Mass in order.</p> <p>First Communion Banner (Cont.)—The Liturgy of the Eucharist Finish working on their banners.</p> <p>First Communion Practice in the Church Walk through the steps in preparation for their First Communion.</p> <p>Flash Cards Memorize key terms.</p>	To reinforce the lesson objectives to meet a variety of learning styles.	<ul style="list-style-type: none"> • Mass Game See page 169 • Banners See page 169 • First Communion Practice See page 170 • Flash Cards See pages 229–238 	